



# September 2023

**Breakfast & Lunch Menu**  
HOPE ELEMENTARY SCHOOL DISTRICT  
EVERY CHILD, EVERY OPPORTUNITY, EVERY DAY

Monday		Tuesday		Wednesday		Thursday		Friday	
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 <p align="center">* HAPPY LABOR DAY! *</p>		 <p align="center"><b>HOPE</b> ELEMENTARY SCHOOL DISTRICT <small>EVERY CHILD, EVERY OPPORTUNITY, EVERY DAY</small></p>				7		<b>Oatmeal Bar &amp; String Cheese</b>  Nachos Refried Bean, Mixed Vegetables Diced Pears	
4		5		6		7		8	
		<b>½ Grill Cheese Sandwich</b>  Hot Dog Bean Soup, Sun Chips Diced Pears		<b>Breakfast Pizza</b>  Chicken Hamburger Romaine Lettuce, Tomatoes, Potato Wedges, Diced Peaches		<b>Yogurt &amp; Graham Cookie</b>  Chicken Tamal Refried Beans, Mixed Vegetables Strawberry-In-A-Cup		<b>Scrambled Eggs &amp; Hash Brown</b>  Pepperoni Pizza Garden salad, Corn Applesauce	
11		12		13		14		15	
<b>Sausage &amp; Cheese Biscuit</b>  Teriyaki Chicken Rice Pilaf, Blend Vegetable Diced Pears		<b>Breakfast Tornado</b>  Beef Taco Spanish Rice Diced Peaches		<b>Parfait</b>  Chicken Tenders Mash Potato, Gravy & Diner Roll, Strawberry-In-A-Cup		<b>Oatmeal Bar &amp; String Cheese</b>  Ham & Cheese Sandwich Sun Chips, Baby Carrots Mixed Fruit		<b>Sausage &amp; Pancake Stick</b>  Chorizo Bean & Cheese Pupusa Cabbage Salad, Salsa Applesauce	
18		19		20		21		22	
<b>Ham &amp; Cheese Sandwich</b>  Chicken Alfredo Broccoli, Dinner Roll Strawberry-In-A-Cup		<b>Breakfast Pizza</b>  Cheeseburger Romaine Lettuce, Tomatoes, Potato Wedges, Diced Peaches		<b>Egg &amp; Cheese Biscuit</b>  Chicken Drumstick Refried Beans, Spanish Rice Mixed Fruit		<b>Yogurt &amp; Graham Cookie</b>  Corn Dog Baby Carrots, Celery Sticks Applesauce		<b>Scrambled Eggs &amp; Hash Brown</b>  Nachos Refried Bean, Mixed Vegetables Diced Pears	
25		26		27		28		29	
<b>Sausage &amp; Cheese Biscuit</b>  Orange Chicken Rice Pilaf, Blend Vegetable Diced Pears		<b>½ Grill Cheese Sandwich</b>  Carne Asada Taco Spanish Rice, Cabbage Salad Diced Peaches		<b>Parfit</b>  Chicken Wings Potato Fries, Baby Carrots Mixed Fruit		<b>Cinnamon Roll</b>  Chicken Tamal Refried Beans, Mixed Vegetables Strawberry-In-A-Cup		<b>Vanilla Concha</b>  Pozole Cabbage, Radish, Tortilla Chips Applesauce	

Cereal is served daily as a second option for breakfast. All dips and dressing are low-fat. All bread and fresh fruit and juice are served daily for breakfast. Choice of 1% unflavored or non-fat flavored milk is served daily.

This Institution is an equal opportunity provider. Menu is subject to change without prior notice. In the operation of child feeding programs, no child will be discriminated against because of race, color, nationality, age, or disability.

If you believe you have been discriminated against, write immediately to Dept. of Agriculture, Washington DC 20250