




# November 2023

**Breakfast & Lunch Menu**  
HOPE ELEMENTARY SCHOOL DISTRICT  
EVERY CHILD, EVERY OPPORTUNITY, EVERY DAY

Monday		Tuesday		Wednesday		Thursday		Friday											
		1		2		3		4											
		<b>Breakfast Pizza</b> Chicken Hamburger Romaine Lettuce, Tomatoes, Potato Wedges, Diced Peaches		<b>Yogurt &amp; Graham Cookie</b> Pepperoni Pizza Garden salad, Corn Mixed Fruit		<b>Scrambled Eggs &amp; Hash Brown</b> Nachos Refried Bean, Green Peas Applesauce		5											
6		7		8		9		10											
<b>Sausage &amp; Cheese Biscuit</b> Breadsticks Garden salad, Corn Strawberry-In-A-Cup		<b>½ Grill Cheese Sandwich</b> Barbacoa Taco Spanish Rice, Salsa De Molcajete, Cabbage Salad Diced Peaches		<b>Cowboy Bread</b> Cheeseburger Romaine Lettuce, Tomatoes, Potato Wedges, Mixed Fruit		<b>Oatmeal Bar &amp; String Cheese</b> Corn Dog Baby Carrots, Celery Sticks Applesauce													
13		14		15		16		17											
<b>Breakfast Pizza</b> Hot Dog Whole Beans, Baby Carrots Strawberry-In-A-Cup		<b>Breakfast Tornado</b> Beef Taco Spanish Rice Diced Pears		<b>Breadsticks</b> Orange Chicken Rice Pilaf, Green Beans Diced Peaches		<b>Concha's ( Sweet Bread )</b> Turkey & Gravy Mashed Potatoes, Dinner Roll Yam, Applesauce		<b>Sausage &amp; Pancake Stick</b> Pepperoni Pizza Garden salad, Corn Mixed Fruit											
																			
27		28		29		30		31											
<b>Ham &amp; Cheese Sandwich</b> Chicken Wings Potato Fries, Baby Carrots Diced Pears		<b>Parfait</b> Carne Asada Taco Spanish Rice, Salsa De Molcajete, Cabbage Salad Diced Peaches		<b>Egg &amp; Cheese Biscuit</b> Chicken Tamal Refried Beans, Mixed Vegetables Strawberry-In-A-Cup		<b>Yogurt &amp; Graham Cookie</b> Pozole Cabbage, Radish, Tortilla Chips Applesauce		31											
Cereal is served daily as a second option for breakfast. Fresh fruit and juice are served daily for breakfast. Choice of 1% unflavored or non-fat flavored milk is served daily.					All dips and dressing are low-fat. All bread and pasta are whole-grain. Condiments will be served with appropriate menu items.					This Institution is an equal opportunity provider. Menu is subject to change without prior notice. In the operation of child feeding programs, no child will be discriminated against because of race, color, nationality, age, or disability.					If you believe you have been discriminated against, write immediately to Dept. of Agriculture, Washington DC 20250				