

March 2023




Breakfast & Lunch Menu
 HOPE ELEMENTARY SCHOOL DISTRICT
 EVERY CHILD, EVERY OPPORTUNITY, EVERY DAY

Monday	Tuesday	Wednesday	Thursday	Friday
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		Breakfast Tornado 1 Corn Dog Baby Carrots, Celery Sticks Diced Pears	Benefit Bar 2 Pozole Cabbage, Radish, Tortilla Chips Mixed Fruit	Muffin Cheese Pizza Garden salad, Corn Applesauce
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½ Grilled Cheese Sandwich 6 Orange Chicken Rice Pilaf, Vegetable Blend Diced Pears	Sausage & Cheese Biscuit 7 Beef Taco Spanish Rice Diced Peaches	Mini French Toast 8 Chicken Hamburger Romaine Lettuce, Tomatoes, Potato Wedges & Applesauce	Yogurt & Graham Cookie 9 Chicken Alfredo Broccoli, Dinner Roll Mixed Fruit	Pop-Tar & String Cheese 10 Nachos Refried Beans, Mixed Vegetables Strawberry-In-A-Cup
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 Yogurt & Graham Cookie 20 Pepperoni Pizza Garden salad, Corn Applesauce	Breakfast Tornado 21 Tostada Bowl Spanish Rice Strawberry-In-A-Cup	Parfait 22 Cheeseburger Romaine Lettuce, Tomatoes, Potato Wedges, Diced Peaches	Breakfast Pizza 23 Chicken Fajitas Refried Beans, Corn Tortilla Mixed Fruit	Cowboy Bread 24 Bean & Cheese Burrito Spanish Rice, Mixed Vegetables Diced Pears
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 Scrambled Eggs & Hash Brown 27 Ham & Cheese Sandwich Sun Chips, Baby Carrots Diced Peaches	Sausage & Cheese Biscuit 28 Chicken Tenders Mashed Potato, Gravy & Dinner Roll Strawberry-In-A-Cup	½ Grilled Cheese Sandwich 29 Pepperoni Pizza Garden salad, Corn Applesauce	Oatmeal Bar & String Cheese 30 Chicken Tamal Refried Beans, Mixed Vegetables Mixed Fruit	Muffin 3 Bean Cheese Pupusa Cabbage Salad, Salsa Diced Pears
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Cereal is served daily as a second option for breakfast.
 Fresh fruit and juice are served with breakfast.
 Choice of 1% unflavored or non-fat milk is served daily.
 All dips and dressing are low-fat. All pasta are whole-grain.
 Condiments will be served with appropriate menu items.

This Institution is an equal opportunity provider. Menu is subject to change without prior notice. In the operation of child feeding programs, no child will be discriminated against because of race, color, nationality, age, or disability. If you believe you have been discriminated against, write immediately to Dept. of Agriculture, Washington DC 20250

